

## The Truth About Fear

*"The LORD is my light and my salvation; whom shall I fear? The LORD is the strength of my life; of whom shall I be afraid?" Psalms 27:1*

*"Hear my voice, O God, in my prayer: preserve my life from fear of the enemy." Psalms 64:1*

I was nearly asleep when my youngest son, Daniel, came running into our room with his older brother, Michael, proclaiming, "There's something snoring under my bed!" His words reached my sleepy mind and my husband got up to put his fears to rest. Daniel thought the snore must belong to a robber or a monster. Michael tried to calm his fears by saying, "that's just silly, Daniel." Soon they discovered that the snores were emanating from our small shi-tsu dog, Sheba.

So often we are overcome with silly fears. Many times we fear there won't be enough money to pay the bills or to protect our children from harm. Maybe we are scared that we will mess up the ministry and be a bad reflection on the Lord. Yet II Timothy 1:7 states clearly *"God hath not given us a spirit of fear, but of power, and of love, and of a sound mind."* If fear is not from God, who is it from?

One of Satan's best tools is fear. And fear can mean you don't trust the Lord and are being unfaithful. Daniel learned a lesson that night and won't struggle again when he hears snoring. Being fooled once means he won't be fooled again. Next time you are overcome with fear of any kind, remember to ask to the Lord to preserve your life from fear. And put Satan in his place while you are at it!