

The Power of Prayer

“When you pray, go into your room, close the door and pray to your Father, who is unseen. Then your Father, who sees what is done in secret will reward you.” Matthew 6:6

The other day I was talking to a woman who was filled with bitterness and unforgiveness towards her husband. This repentant man, who was sitting with us, had insisted she abort her unborn child who was conceived during an adulterous affair. As he sat with us, I could see he was accepting her anger and continued to ask her to forgive him. She simply could not forgive.

With another person, I took the couple into a private room and asked the woman a simple question, “Do you want to be healed from the bitterness, unforgiveness and pain?” Through tears she said, “Yes.” With that we started to pray. This couple began to cry immediately as we prayed for them. They were unable to speak and really didn’t know how to pray so we said the words we felt were on their hearts. As we finished, we left them alone and suggested that they carry on the prayer themselves.

When we saw this couple next they had a different expression on their faces. While I know a great deal of work still has to be accomplished in their marriage, the wife’s face showed peace and we felt that she had started to forgive him. All the lecturing about God’s view on forgiveness had accomplished nothing. The only thing that helped this couple get to a new level was prayer.

The next time you are sitting with a difficult case and feel helpless, remember prayer. God knows each heart and has given us many tools in ministry and prayer is the most powerful. Through your heartfelt words to the Lord in prayer, lives will be restored by His power.