

Be Still

“Be still, and know that I am God...” Psalm 46:10

Between running a national ministry, being a home-schooling mother of three, as well as a wife, quiet time is hard to find. While reading the Bible can be scheduled, having quiet moments just to listen to the Lord is another matter.

When my children were young, my “be still” time was in the bathtub. As ministry duties expanded, the Lord would find me during airplanes. When I became overwhelming busy, God would resort to waking me up in the night to speak to my heart.

After all these years, I look back on my “be still” times as major events. The vision for my book, *Her Choice to Heal*, was laid out on a long flight home. When God opened my eyes to starting Ramah International, it was in the middle of the night. I didn’t listen immediately to that leading so He woke me up several times. Sometimes I have been obedient just in an effort to be able to sleep through the night! After all these years together, God knows when to get my attention. I only wish that I had surrendered sooner to Him!

How often do you embrace the “be still” commandment to “know that I am God?” No matter how difficult it is to find time, seek out quiet places and clear your mind to hear from the Lord. He’s waiting for your full and peaceful attention to pour out His love for your soul and to direct your future paths.