

Support Team Letter

Dear Supporting Friend/Family Member:

We are asking that you be aware that your friend/loved one has entered a healing journey back from the pain of an abortion experience. This can be a frightening time. We are assured that Jesus has joy and peace for them at the end of the journey. Please be in prayer for your friend/loved one over the next few weeks as they attend a post-abortion recovery group.

You may have been part of the abortion experience. It could also be that you did not know them at that point in their lives. The abortion changed their life experience. Their actions, reactions and attitudes are changed. The trauma of abortion may have been covered up for a long period of time. In the next week we are going to ask them to think, write and share some of the deepest hurts in their lives. During the healing process the open wound of their abortion may expose many emotions.

Here are some things that we request that you do over the next week:

- Allow your loved one to share with you their feelings.
- Help them to be truthful.
- Don't let them revert back into denial where they thought that the abortion was for the better.
- Allow them to experience emotions (tears, anger, grief, etc.).
- Encourage them to accept responsibility for their actions.
- Help them to give and receive forgiveness.
- Let them see that healing is a process and may not happen immediately.
- Show compassionate support.
- Be patient and listen when they share.
- Give your unconditional love to them regardless of their behavior.
- Be available to show support, respect, love and protection.
- Show you that are worthy of their trust.
- Be dependable.
- Be available to hear their pain, grief or shame.

We can all have the confidence that God is at work in this person's life and healing will come to them in His time. Thank you for your support and prayers.

Sincerely,