

Pre-Lesson for Recovery Class Participants

The following pre-lesson is an opportunity for you to “think out loud” on paper about spiritual issues. You may have never taken the time to stop and think about what your thoughts are concerning spiritual issues. Before entering into the recovery group/one-on-one ministry program, it would be beneficial for you and us to take some time, think about these questions, and put down what you honestly believe (not what you have been taught or what you think we might want to hear). Don’t let the space limit you – if you feel like writing more, use the back of the sheet or even additional notebook paper. Thank you.

What is your reason for wanting to be involved in the post-abortion recovery class?

Would you prefer (circle one): a group setting one-on-one counseling

How do you view your abortion(s)? (Do you view it/them as an uneducated mistake, something that happened which was out of your control, a sin, etc.?)

How do you view God (and upon what do you base that view)?

How do you view the Bible (and upon what do you base that view)?

How familiar are you with the Bible (circle one):

No familiarity at all Somewhat familiar Very familiar

What is your idea of a “Christian” (what makes someone a “Christian”)?

There will be women in the group who define themselves as Christians. Can you feel comfortable with this?

What does the word “repentance” mean to you?

If you believe in the existence of a God, how do you think God views the abortion(s)?

What is your understanding of “forgiveness?”

Do you feel forgiven? Explain.

Who is Jesus to you?